

# October 2023 Lunch Menu

- All Lunch is served with milk
- Children under 2 are given whole milk.
- Children over 2 are given 2% milk.
- Underlined items are a Protein food

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p><u>Cheese Roll Up</u> Peas and Carrots Applesauce</p>	<p>3</p> <p>Tomato Soup <u>Cheesy Garlic Bread</u> Pears</p>	<p>4</p> <p><u>Three Cheese Macaroni</u> Mixed Veggies Peaches</p>	<p>5</p> <p><u>Raviolis Lasagna</u> Green Beans Pineapple</p>	<p>6</p> <p><u>Cheese Pizza Buns</u> Corn Apples</p>
<p>9</p> <p><u>Turkey Roll Up</u> Peas and Carrots Applesauce</p>	<p>10</p> <p>Tomato Soup <u>Cheesy Garlic Bread</u> Pears</p>	<p>11</p> <p><u>Alfredo Macaroni</u> Mixed Veggies Peaches</p>	<p>12</p> <p><u>Bean and Cheese</u> <u>Enchiladas</u> Green Beans Pineapple</p>	<p>13</p> <p><u>Turkey and Cheese Sub</u> <u>Sandwich</u> Corn Apples</p>
<p>16</p> <p><u>Bean Burrito</u> Peas and Carrots Applesauce</p>	<p>17</p> <p><u>Broccoli Cheese Soup</u> <u>Cheesy Garlic Bread</u> Pears</p>	<p>18</p> <p><u>Spaghetti Macaroni</u> Mixed Veggies Peaches</p>	<p>19</p> <p><u>Alfredo Tortellini</u> Green Beans Pineapple</p>	<p>20</p> <p><u>Homemade Lunchable</u> Corn Apples</p>
<p>23</p> <p><u>Cheese Quesadilla</u> Peas and Carrots Applesauce</p>	<p>24</p> <p><u>Creamy Tortellini Soup</u> <u>Cheesy Garlic Bread</u> Pears</p>	<p>25</p> <p><u>Cheesy Taco Macaroni</u> Mixed Veggies Peaches</p>	<p>26</p> <p><u>Pesto Raviolis</u> Green Beans Pineapple</p>	<p>27</p> <p><u>Cheese Sandwich</u> Corn Apples</p>
<p>30</p> <p><u>Turkey and Cheese</u> <u>Wrap</u> Peas and Carrots Applesauce</p>	<p>31</p> <p>Potato Chowder <u>Cheesy Garlic Bread</u> Pears</p>			