

January 2023 Snack Menu



Monday	Tuesday	Wednesday	Thursday	Friday
2 Center Closed	3 AM Blueberry Muffins PM Pretzels, Cucumbers and Ranch	4 AM Cinnamon Apple Oatmeal PM Cheese and Crackers	5 AM Strawberry Pancakes PM Bagels and Cream Cheese	6 AM Hash brown and Mandarin Oranges PM Goldfish and Bananas
9 AM Vanilla Yogurt and Gram Crackers PM Trail Mix and Oranges	10 AM Blueberry Muffins PM Pretzels, Cucumbers and Ranch	11 AM Cinnamon Apple Oatmeal PM Cheese and Crackers	12 AM Strawberry Pancakes PM Bagels and Cream Cheese	13 AM Hash browns and Mandarin Oranges PM Goldfish and Bananas
16 AM Vanilla Yogurt and Gram Crackers PM Trail Mix and Oranges	17 AM Blueberry Muffins PM Pretzels, Cucumbers and Ranch	18 AM Cinnamon Apple Oatmeal PM Cheese and Crackers	19 AM Strawberry Pancakes PM Bagels and Cream Cheese	20 AM Hash browns and Mandarin Oranges PM Goldfish and Bananas
23 AM Vanilla Yogurt and Gram Crackers PM Trail Mix and Oranges	24 AM Blueberry Muffins PM Pretzels, Cucumbers and Ranch	25 AM Cinnamon Apple Oatmeal PM Cheese and Crackers	26 AM Strawberry Pancakes PM Bagels and Cream Cheese	27 AM Hash browns and Mandarin Oranges PM Goldfish and Bananas
30 AM Vanilla Yogurt and Gram Crackers PM Trail Mix and Oranges	31 AM Blueberry Muffins PM Pretzels, Cucumbers and Ranch			